

Mawjuda Abdulrashid

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EDUCATION

University of Texas Health Science Center San Antonio
7703 Floyd Curl Dr, San Antonio, TX 78229

Master of Science in Immunology and Infection

Expected graduation date: Fall 2019

University of the Incarnate Word

4301 Broadway St, San Antonio, TX 78209

Bachelor of Science in Biology

Graduation date: May 2017

Health Careers High School

4646 Hamilton Wolfe

San Antonio, TX 78229

Graduation date: June 2013

ACADEMIC RECOGNITION

Award Title: President's Award

Description: I received an award for graduating with highest honors from School of Math, Science, and Engineering, as well as the Honors College.

Date Received: 5/20/2017

Award Title: Student Excellence Award

Description: I was recognized for graduating in the top 5% of my class from College of Math, Science, and Engineering at UIW.

Date Received: 5/17/2017

Award Title: University Honors UIW

Description: I was given the distinction due to my cumulative average being in the highest among the graduating class of 2017.

Date Received: 5/12/2017

Award Title: Spirit Award

Description: I received the competitive Spirit Award by being recognized by the director of the UIW Honors College for my dedication and commitment in the Honors College, which is awarded to one student in the annual Honors Gathering.

Date Received: 5/12/2017

Award Title: Classroom Award

Description: I was selected by my Business Law professor as the top student in the class by having the highest grade and perfect attendance throughout the semester.

Date Received: 5/9/2017

Award Title: Best Teaching Assistant

Description: I was awarded for my dedication in helping students succeed in Anatomy and Physiology lecture and lab, as well as my commitment to go above and beyond to help students do well in assignments and exams. I held extra office hours and made myself available to students outside of school.

Date Received: 5/1/2017

Award Title: UIW Honors College Nerd Award

Description: I received multiple awards for completing all the requirements for the Honors College in advance, actively participating in events, possessing leadership skills, and maintaining a 3.9 and above GPA average.

Date Received: 4/27/2017

Award Title: National Society of Leadership and Success NELA

Description: I received the NELA Award for completing the leadership training day, 6 speaker panels, 6 success networking team meetings, and community service.

Date Received: 4/25/2017

Award Title: SA Afghans Service and Leadership Award

Description: I was awarded the highest award of service and leadership for completing 500 community service hours, possessing leadership skills, and graduating with highest honors from college. I was involved in events for the Afghan community and represented the community at a national level.

Date Received: 4/18/2017

Award Title: Honors College Merit Scholarship

Description: I was a recipient of one of the two Honors scholarships for the 2016-2017 academic year.

Date Received: 8/11/2016

Award Title: Certificate from Paul L. Foster School of Medicine – JAMP program

Description: I was awarded a certificate for successfully completing all the courses such as Cell and Molecular Biology, Biochemistry, Medical Ethics, and Medical Terminology and other requirements for the summer internship at Paul L. Foster School of Medicine. I also observed medical professionals.

Date Received: 7/27/2016

Award Title: Alpha Lambda Delta Medal

Description: I was awarded a medal from the honor society for completing all the requirements for the organization and continually being active and participating in projects and fundraising for the society.

Date Received: 6/10/2016

Award Title: SA Afghans Service Award

Description: I received an award for completing over 100 hours of service that contributed to the Afghan community in San Antonio and maintaining good grades in college. I also participated and assisted with events and activities as the president of the organization.

Date Received: 5/3/2016

Award Title: Noteworthy Effort Regarding Development Award

Description: I received the NERD award for attaining a 4.0 GPA, showing determination, and succeeding in the Honors College. I also demonstrated kindness, care, and compassion towards my peers.

Date Received: 4/20/2016

Award Title: Mimi's Excellence Scholarship

Description: I received a \$1,500 scholarship for being a role model and for my dedication and passion to help young children in a learning center to succeed personally and academically. I had to be in good academic standing in order to receive this scholarship.

Date Received: 2/17/2016

Award Title: Certificate of Completion from BCM – JAMP program

Description: I completed an internship at Ben Taub hospital by shadowing a general surgeon and took science courses such as Anatomy and Physiology and Medical Ethics at Baylor College of Medicine. I observed numerous thoracic, thyroid, and orthopedic surgeries.

Date Received: 7/29/2015

Award Title: UIW Golden Key Society Scholarship

Description: I was awarded \$2500 for my academic excellence and my active participation in the society.

Date Received: 6/20/2015

Award Title: Freshman Honor Society

Description: I was given membership due to my academic excellence in the first year of university and to encourage more success for the rest of the undergraduate years.

Date Received: 8/20/2014

Award Title: Golden Key International Honor Society

Description: I was a member of the Golden Key International Honor Society because of my overall academic performance, grade point average, and my placement in the top 15% of my class.

Date Received: 8/5/2014

Award Title: Endowed Scholarship

Description: I received a scholarship for all four years of college because of my high-grade point average and financial need.

Date Received: 6/13/2014

Award Title: Outstanding Achievement Award

Description: I received an Outstanding Achievement Award from the University of the Incarnate Word's College of Science, Math, and Engineering for my excellent academic accomplishment and being in top 5% of my class.

Date Received: 5/23/2014

Award Title: Alpha Lambda Delta Freshmen Honor Society

Description: I was a member of the Alpha Lambda Delta Freshmen Honor Society because of my scholastic achievement and because I was in top 20% of my class. I participated in various activities, attended meetings regularly, did community service and provided knowledge to other students about the organization.

Date Received: 2/18/2014

Award Title: University of the Incarnate Word Dean's List

Description: I was named to the University of Incarnate Word's Dean's List throughout college for maintaining a grade point average of 3.5 and above.

Date Received: 1/27/2014

Award Title: Certificates of Excellence from UIW

Description: I received multiple Certificates of Excellence from the University of the Incarnate Word Biology Department for my outstanding achievement of a 4.0 grade point average.

Date Received: 12/19/2013

Award Title: UIW Presidential Scholarship

Description: I received the competitive academic scholarship for four years of undergraduate program for my GPA and ACT scores.

Date Received: 8/23/2013

UNDERGRADUATE COURSES

Anatomy & Physiology I & II
Cell Biology and Laboratory
Biochemistry I
Genetics & Laboratory
Parasitology & Laboratory
Human Evolution
Ecology and Laboratory
General Physics & Laboratory I & II
Organic Chemistry & Laboratory I & II
General Chemistry I & II
Evolution/Ecology/Biodiversity
Advanced Placement Statistics
Calculus I
Honors Intellectual Quest
Business Law
Masterworks of World Art
Spanish I & II

HEALTHCARE/INTERNSHIP ACTIVITIES

Healthcare Activity Name: Medical Scribe at Proscribe (December 2017 – current)

Total Cumulative Hours: 200

Description: I accompany a physician to deliver fundamental patient care, chart patient encounters, and transcribe laboratory tests and medications. I document files, assist the nurses in preparing the patients for operations, facilitate referrals to specialists, and maintain a professional environment.

Healthcare Activity Name: Summer Camp Humane Society of San Antonio (May 2017 – August 2017)

Total Cumulative Hours: 102

Description: I treated and cared for the pets. I participated in games and animal expert presentations. I fed and groomed the pets. I wrote descriptions for the pets that need to be adopted. Also, I made phone calls for customers to pick up their pets when they are ready. Lastly, I engaged in various service projects.

Healthcare Activity Name: Mind Science Foundation Volunteer (March 2017 – May 2017)

Total Cumulative Hours: 69

Description: I supported the representatives on the panel that were discussing the basic research of the human mind and brain. I gave a brief

presentation on the background of the foundation and provided assistance throughout the event. I explored the great potential of the complexity of the human mind.

Healthcare Activity Name: Paul L. Foster School of Medicine - JAMP (June 2016 – July 2016)

Total Cumulative Hours: 750

Description: I was awarded a certificate for successfully completing all the courses such as Cell and Molecular Biology, Biochemistry, Medical Ethics, and Medical Terminology and other requirements for the summer internship at Paul L. Foster School of Medicine. I also observed medical professionals.

Healthcare Activity Name: Diabetes Prevention Center Seasonal Volunteer (February 2016 – April 2016)

Total Cumulative Hours: 21

Description: I assisted families and visitors in the waiting room. I analyzed data in diabetic research and entered data in an online database. In addition, I helped with the editing of PowerPoint slides and provided suggestions for improvement. Lastly, I helped with the mailing and delivery process.

Healthcare Activity Name: University Hospital Volunteer (July 2015 – December 2015)

Total Cumulative Hours: 64

Description: I delivered mail and flowers to patients. I spoke with family and friends to make them feel comfortable and was a liaison between patient families and the medical staff. Furthermore, I provided reception support for the departments.

Healthcare Activity Name: Lab Assistant - SA Scientific (July 2015 – August 2015)

Total Cumulative Hours: 360

Description: I checked and packaged pregnancy, flu and other diagnostic tests. Occasionally, I trained new employees with the packing and processing of the products. I reported damaged tests to the supervisor. Finally, I took daily notes for the manager and submitted a report at the end of the day.

Healthcare Activity Name: Internship at Baylor College of Medicine - JAMP (June 2015 – July 2015)

Total Cumulative Hours: 500

Description: I completed an internship at Ben Taub hospital by shadowing a general surgeon and took science courses such as Anatomy and Physiology

and Medical Ethics at Baylor College of Medicine. I observed numerous thoracic, thyroid, and orthopedic surgeries.

Healthcare Activity Name: Methodist Children's Hospital Volunteer (March 2015 – current)

Total Cumulative Hours: 402

Description: I assist visitors, maintain cleanliness of the unit, read and engage in conversation with the patients, and stock supplies as needed. I deliver mail, flowers, and food to designated areas of the hospital. I take notes for the physicians and update patients' history.

Healthcare Activity Name: The Village at Incarnate Word (March 2014 – October 2016)

Total Cumulative Hours: 265

Description: I was an assistant in the memory care unit. I talked, read, and played games with the residents. Occasionally, I helped out with meals. I also performed some office work. In addition, I delivered supplies and products to various areas of the nursing home. On holidays, I helped with decorations.

Healthcare Activity Name: Public Health Community Outreach Intern (January 2014 – April 2017)

Total Cumulative Hours: 229

Description: I conducted ongoing online and community outreach, assisted in facilitating Health Education-Risk Reduction, presented to promote access to HIV counseling and testing, and submitted counseling and testing data to program supervisor. I also participated in community health fairs and other events.

Healthcare Activity Name: Cancer Support Community Center (July 2013 – December 2013)

Total Cumulative Hours: 32

Description: I assisted the residents by reading to them, helping them write letters to their families and friends, and walking with them. I looked after the residents' well-being and assisted during meal times. In addition, I also performed some office work.

COMMUNITY SERVICE

Activity Name: Fiesta Night (April 2017)

Total Cumulative Hours: 30

Description: I did henna on girls at the end-of-the-semester fiesta night and performed a Bollywood dance with a group of girls. I made fun and colorful

picture cards for the kids. Furthermore, I helped make food and drinks. I also set up the stage and backdrop decorations for the performers.

Activity Name: Mind Science Foundation Volunteer (March 2017 – May 2017)

Total Cumulative Hours: 69

Description: I supported the representatives on the panel that were discussing the basic research of the human mind and brain. I gave a brief presentation on the background of the foundation and provided assistance throughout the event. I explored the great potential of the complexity of the human mind.

Activity Name: Alternative Spring Break (March 2017)

Total Cumulative Hours: 85

Description: I helped build houses for the immigrants and homeless people. I also prepared snacks and came up with various activities for the kids. We played soccer, volleyball, and other fun games. Additionally, I assisted in distributing food and clothing.

Activity Name: Pets Alive (March 2017)

Total Cumulative Hours: 18

Description: In this service event, I walked and played with the animals. I assisted in preparing barbecue for the guests. I set up various activities such as card games for the kids.

Activity Name: Seminar for START-UP (February 2017)

Total Cumulative Hours: 32

Description: I assisted in preparing for the seminar that discussed the 2-year program at UTHSCSA which allows undergraduate students to participate in neuroscience research. I created a PowerPoint and an information kit for students. Lastly, I helped clean up and sent email reminders.

Activity Name: Witte Museum Volunteer (November 2016 – June 2017)

Total Cumulative Hours: 95

Description: I created a friendly and warm environment for the visitors, assisted in activities and workshops, stocked merchandise in the shop, answered questions, moved sculptures for shipping, and facilitated hands-on projects.

Activity Name: Bake Sale (November 2016 – May 2017)

Total Cumulative Hours: 160

Description: I prepared and sold tacos, pastries, sweets, and drinks to raise money for the Biology Club. I wrapped everything in plastic bags and decorated them. I offered free samples to students.

Activity Name: Community Garden (October 2016)

Total Cumulative Hours: 50

Description: I assisted a professor by helping him weed, plant plants and vegetables, water the garden, and change the soil.

Activity Name: Trunk or Treat (October 2016)

Total Cumulative Hours: 25

Description: I came up with the Harry Potter theme and created costumes for members of the Biology Club. I purchased sweets and passed out candy to children. I collected goody bags from students and gave them points towards their point-plan system.

Activity Name: Haven for Hope volunteer (September 2016)

Total Cumulative Hours: 47

Description: I coordinated events and delivered products for the homeless people in Bexar county. I helped with preparing and packing food for the homeless. Also, I donated food and clothing, and raised approximately \$1500 for the organization.

Activity Name: Learning Center Summer Intern (July 2016 – August 2016)

Total Cumulative Hours: 110

Description: I tutored students between ages 7-15 primarily in math and science.

Activity Name: Online editor of Afghans in San Antonio newsletter (July 2016 – August 2018)

Total Cumulative Hours: 385

Description: I edit and write the monthly newspaper that highlights the events, accomplishments, and future plans of the Afghan community of San Antonio.

Activity Name: Social Justice Trip - Honors College (March 2016)

Total Cumulative Hours: 125

Description: I observed the hardships that immigrants face in the U.S.- Mexico border. I engaged in workshops that provided a different perspective on immigration, healthcare, housing, and education. I worked with lawyers, immigration officers, and nonprofit agencies to improve the lives of the less fortunate.

Activity Name: Dia de los Muertos (October 2015 – October 2016)

Total Cumulative Hours: 190

Description: I reviewed submissions and helped in decorating the display case. I gave a short tour of the UIW chapel and the display to students to

give them a chance to learn about the people who dedicated their lives to the field of science.

Activity Name: Meet the Mission (September 2015 – September 2016)

Total Cumulative Hours: 110

Description: I supervised a group of students and ensured their safety during the trip to provide service to the San Antonio community. I gave rides to students and purchased supplies for the different service projects. I processed student information and was a liaison between professors and students.

Activity Name: Freshman Orientation at UIW (July 2015 – August 2016)

Total Cumulative Hours: 88

Description: I welcomed parents and students, gave general school information, provided students with their class schedule, gave tour of campus and introduced students to faculty and staff. I also set up the banquet, food and drinks, and the booths for the clubs. I encouraged students to join the Honors College.

Activity Name: The Amsberry Law Firm (January 2015 – April 2016)

Total Cumulative Hours: 84

Description: I filled out paperwork and made phone calls to clients and various organizations. I also entered data, created and updated brochures, copied and edited letters, and delivered paperwork and other items to various areas of the law firm.

Activity Name: Go Cardinals Sport Events (September 2014 – November 2016)

Total Cumulative Hours: 96

Description: I collected tickets during sports games, distributed snacks and drinks, organized belongings, took down signs, and helped clean up.

Activity Name: Volunteer for Afghans in San Antonio New Year (September 2014 – October 2014)

Total Cumulative Hours: 15

Description: I helped set up the chairs, decorations, and the food. I purchased and distributed gifts for the children. I also ensured that everything went well, including the performances and speeches. Finally, I updated everyone about upcoming events and activities and collected dues from everyone.

Activity Name: Translator (August 2014 – current)

Total Cumulative Hours: 500

Description: I am a translator and facilitator for non-English speakers to

assist them with job applications, school, medical and dental appointments, and shopping.

Activity Name: Welcome Week (August 2014)

Total Cumulative Hours: 58

Description: I checked students in, assisted with the move-in process, helped students find their classes, gave a campus tour, encouraged students to join organizations, unified all new students, and helped with the food and gifts.

Activity Name: Arts & Music Festival volunteer (March 2014 – March 2017)

Total Cumulative Hours: 100

Description: I sold various types of art at the Art & Music Festival to raise money for the UIW Honors Program. I ensured everything went well during the event. I guided students and visitors to various exhibitions. Furthermore, I collected money and created an excel sheet for the program director.

Activity Name: Ronald McDonald House (February 2014 – current)

Total Cumulative Hours: 390

Description: I seasonally volunteer to cook and serve food for the people in the facility. I help setting up the events and cleaning up as well. Sometimes, I dance and listen to music with them. On holidays, I raise money to help them buy presents.

Activity Name: Volunteer at Islamic Activity Center (February 2014 – August 2015)

Total Cumulative Hours: 50

Description: I helped children read the Quran and taught them the Arabic alphabet. I also assisted them with their academic work and projects. Furthermore, I helped with decorations and setting up different activities for children and adults. I also came up with riddles, brainteasers, and fun games for the kids.

Activity Name: Golden Harvest (January 2014 – May 2017)

Total Cumulative Hours: 490

Description: I collected cans of food as part of the UIW yearly annual event. I created flyers on campus for faculty and students to donate. At the end of the event, I assisted in weighting all the collected items for each college at UIW. All the proceeds went to the San Antonio Food Bank.

Activity Name: Tutor at Leslie Learning Center (January 2014 – December 2015)

Total Cumulative Hours: 114

Description: As a tutor, I had the responsibility to ensure that the students

were completing their homework assignments and school projects, studying for upcoming exams, and further assisting them with their school work. I also read books to them and had group discussions about different topics.

Activity Name: Annual Rock N' Roll Marathon volunteer (November 2013)

Total Cumulative Hours: 45

Description: I helped with setting up the event, checked in participants, distributed t-shirts and water, provided direction and information, and organized the gear bags. Lastly, I helped with cleaning up and packing everything at the end of the event.

Activity Name: Teacher's Aid - Rudder Middle School (May 2013 – August 2017)

Total Cumulative Hours: 410

Description: I assisted students enrolled in the ESL program with their class assignments and projects.

Activity Name: Catholic Charities (January 2013 – current)

Total Cumulative Hours: 615

Description: I am an advocate for immigrant and refugee families. I have made a real impact by being part of a diverse group and have gained exposure to different cultures and people. I provide transportation, clothing, and food.

RESEARCH EXPERIENCE

Research Activity Name: Part-time Research and Development - SA Scientific (July 2016 – December 2017)

Total Cumulative Hours: 410

Description: I analyzed and performed microscopic and bacteriological procedures on human and veterinary specimens. I monitored undergraduate students and assisted in accuracy of hCG, FeLV/FIV, RSV, Giardia, and Heartworm tests.

Research Activity Name: ABC publication (January 2016 – May 2016)

Total Cumulative Hours: 75

Description: An ABC book in Arabic and English with illustrations for children ages 5-10.

Research Activity Name: What Does It Mean to be a Human (January 2015 – May 2017)

Total Cumulative Hours: 315

Description: A research project that consisted of extensive research on humanity and what it means to be a human from a global perspective. The

report contained personal reflections, experiences from various books and research articles. Moreover, volunteering and shadowing, as well as interviewing was done.

EMPLOYMENT

Employer: Erin Buschfort

Job Title: Medical Scribe at Proscribe (December 2017 – current)

Description: I accompany a physician to deliver fundamental patient care, chart patient encounters, and transcribe laboratory tests and medications. I document files, assist the nurses in preparing the patients for operations, facilitate referrals to specialists, and maintain a professional environment.

Employer: Rebecca C. Bloodworth

Job Title: Environmental Health & Safety Student Assistant – UTHSCSA (August 2017 – current)

Description: I ensure compliance with government safety rules and regulations. I assist with chemical inventory data, hazardous materials training forms, evaluate equipment and research labs, and prepare placards for laboratories around campus. I also participate in following-up requests with Facilities Management and updating EHS database.

Employer: Harbi A. Shadfan, Ph.D.

Job Title: Research Assistant at SA Scientific (May 2017 - December 2017)

Description: I prepared products for pregnancy, flu and other diagnostic test kits such as RSV, FeLV, Strep, FluAlert, and Heartworm. I assembled membranes for sample testing and run quality control.

Employer: Harbi A. Shadfan, Ph.D.

Job Title: Lab Assistant at SA Scientific (July 2015 - August 2015)

Description: I checked and packaged pregnancy, flu and other diagnostic tests. Occasionally, I trained new employees with the packing and processing of the products. I reported damaged tests to the supervisor. Finally, I took daily notes for the manager and submitted a report at the end of the day.

ORGANIZATIONS

Type of Activity: Questions Unlimited Club (May 2017 – current)

Description: In this club, everyone discusses on any topic of their choice such as religion, culture, nature, education, healthcare, etc. and we share each other's opinions.

Type of Activity: Careers a la Carte (September 2016 – May 2017)

Description: I had monthly luncheons with professors, faculty, and other professionals from various fields for informal discussions. I had the opportunity to ask them about their education and careers, as well get advice. Some of our conversations were on entrepreneurship, healthcare, family, and life-science.

Type of Activity: Chemistry Club (September 2016 – May 2017)

Description: I participated in events and service projects. I planned social events, gatherings, educational trips to different universities, and recreational activities for the organization. Furthermore, I photographed events and assisted in running monthly meetings.

Type of Activity: Biology Club (August 2016 – May 2017)

Description: I collected perishable foods and clothing for children in the hospitals. I served the community through teamwork and leadership. I created lectures and videos on current science issues. Also, I assisted students in developing connections with faculty and professionals at UIW School of Medicine.

Type of Activity: Psych Society (August 2016 – May 2017)

Description: I engaged in numerous colloquiums such as "Food for Thought: Understanding the Relationship Between Diet, the Brain, and ADHD" and "Complicated Lives" and participated in workshops to discuss psychology-related research and clinical experiences related to them. I also performed community service.

Type of Activity: South Asian Student Society (March 2015 – May 2017)

Description: I promoted the Asian culture through lively social and cultural events. It consisted of cultures from Afghanistan, Pakistan, Bangladesh, etc. The club strived to bring everyone together in celebrating unique culture. The association gave students resources to embrace one another as a community.

Type of Activity: UIW Golden Key Club (August 2014 – May 2017)

Description: I assisted in welcoming parties at the beginning of each academic year, took notes during meetings, built connections with professionals, hosted career-fair talks, and organized premed lectures. Additionally, I collected dues from members and kept everyone updated on events on the Blackboard site.

EXTRACURRICULAR/LEISURE ACTIVITIES

Type of Activity: Hiking (June 2016 – current)

Description: I hike with family and friends on the weekends. I have hiked Franklin and Crowndridge mountains, Brackenridge park, and other trails.

Type of Activity: SA Community Theater Program (February 2016 – current)

Description: I participate in primarily Bollywood stage productions such as plays, dramas, and monologues. My expertise includes interpreting romantic, comic and dramatic roles using speech and body language. This requires my unique ability to give fresh interpretations of the written scripts.

Type of Activity: Abstract Style Painting (September 2015 – current)

Description: I use various forms, patterns, lines, colors, shapes, compositions, and processes to create unique pieces of art. I try to create work that has endless interpretations and meanings for each individual.

Type of Activity: Exercising (February 2014 – October 2016)

Description: I trained weekly by doing various workouts such as running, jogging, push-ups and other activities.

Type of Activity: Cooking (July 2013 – current)

Description: I prepare middle-eastern dishes for my family, friends, and relatives. I also teach at-home cooking classes for young girls. In addition, I create mini-tutorials at home on various dishes from around the world and create new recipes.

SKILLS

Medical Skills:

- Patient Care
- American Heart Association AED and CPR course completion (May 2011)
- Venipuncture
- Dental Carving
- Urinalysis
- Blood sampling
- Microscopy
- X-ray
- Medical Research

Language Skills:

- Fluent in Dari, Farsi, Russian, Tajik, and English

- Multilingual certificate

Computer Skills:

- Knowledge of Adobe Illustrator, Photoshop, Adobe CS5 and Adobe Flash
- Basic Knowledge of Microsoft Office in Word, Excel, PowerPoint, Publisher (2017)

*References available upon request